

## AFTERCARE INSTRUCTIONS FOR WAXING

Please read these after care notes carefully and follow our recommendations. We take great care in our salon to protect you from infection, and in addition to our normal salon hygiene routines we have applied a soothing antiseptic lotion after your treatment.

It is important for you to remember to take extra care of the waxed areas, especially within the first 24 hours. Therefore: -

- Do not expose the skin to sunlight or sun beds for 48 hours.
- Do not use a steam room or sauna or any heat treatment for 24 hours.
- Do not swim in chlorinated water for 24 hours.
- Do not have very hot baths or showers for 24 hours.
- Avoid friction from very tight clothing or nylon material.
- Avoid using perfumed body lotions, creams, body sprays, deodorants or perfumes for 24 hours.
- Do not apply talc, make up or false tan for 24 hours.
- Do apply an antiseptic cream as recommended by us for 48 hours following treatment. Always wash your hands before applying the cream.
- Do stay cool and avoid aerobics or exercise for 24 hours.

Most people find the hair will start to re-grow within 7 – 10 days following treatment. The hair needs to be a certain length in order to successfully remove it by waxing. Allow 4 weeks before your next treatment. In-growing hairs may occur. Regular exfoliation and moisturising of the skin will help to prevent this.

