

Where did Earcandling originate?

Earcandling, otherwise known as Thermo-Auricular Therapy, has been around for more than 3000 years. Like most modern complementary therapies, it was re-discovered only a few decades ago. The historic roots of this therapy can be traced back to Asia as well as the Indians of North and South America, with ancient mural paintings offering evidence of their long-standing healing traditions.

Which conditions benefit from Earcandling?

This therapy has been highly successful in the treatment of sinus problems, rhinitis, migraines, headaches, blocked ears associated with colds, impaired hearing resulting from the build up of ear wax, glue ear and many other conditions, including those that are stress related. It can help alleviate the painful ear problems many people suffer when flying. It is suitable for the whole family, children and adults alike.

Who administers the treatment?

This non-invasive therapy is not only completely safe, but most people find it an extremely pleasant and soothing experience. It should, however, ideally be first administered by a qualified and relevantly insured practitioner.

We at Beautonics can then instruct you on how to administer the treatment at home, if you so wish.

How is the treatment carried out?

The person receiving the treatment will lie on his/her side on a comfortable treatment bed. The hollow, already lit earcandle is placed in the outer part of the ear. It is held in position and allowed to burn to an indicated level on the candle. It is then gently removed and extinguished. This process takes between 10 and 15 minutes per ear. Both ears are always treated, never just one. It is a very relaxing, calming experience.

What are the earcandles made of?

At Beautonics we believe in the highest standard of care, and therefore, only use approved safety candles. The Original Biosun Earcandles are individually hand crafted from 100% organic cotton, impregnated with beeswax, honey and essential oils of sage, camomile and St John's Wort.

Are there any reasons why I should not have this treatment?

Earcandling is completely safe: however, it should not be administered in the case of a perforated eardrum, acute ear infection, tumours, grommets or allergy to any of the constituents.

How often do I need to have the treatment?

As individuals vary a great deal there is no hard and fast rule regarding the frequency of this treatment. It is, however, recommended that for some conditions an initial treatment programme consisting of 6 treatments over a period of 4 weeks be given. A maintenance treatment can then be given every 4-6 weeks or when necessary.

How much does it cost?

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| Single treatment: | £20 |
| Course of 6: | £105 |
| Pair of candles: | £7.95 |

(Candles will only be sold to those who have had instruction in how to use them.)

I would like to know more.....

Please ring Beautonics if you have further questions or wish to make an appointment with one of our qualified practitioners. Our friendly experienced team are always willing to discuss your individual requirements with you.

Range of Therapies at Beautonics

Our range of complementary and natural beauty therapies is extensive and growing. At present we are able to offer:

- Swedish Massage
- Aromatherapy
- Indian Head Massage
- Reflexology
- Facials
- Waxing
- Manicures and Pedicures
- Acupuncture
- Tanning
- Eyelash and Eyebrow Tinting
- Chiropody
- Grooming for Gentlemen
- Hot Lava Shell Massage
- Cry Baby Semi-Permanent Mascara

and much more.

Please ring for further information, appointments or simply some guidance to find out which treatment is most suitable for you.

OPENING TIMES

Monday 9.00am to 5.30pm
Tuesday to Friday
9.30am to 7.00pm
Friday 9.00am to 5.30pm
Saturday 9.30am to 2.00pm

Please give 24 hours notice if you wish to cancel an appointment to avoid a cancellation fee being made. If this notice cannot be given, except in emergencies, of course, a charge of 50% of the original treatment cost will be made.

Book ON-LINE 24 hours a day at:
www.beautonics.org

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EARCANDLING at Beautonics

