

November 2016 Newsletter

Greetings!

As you read this it'll only be about a week before I go off on my lovely holiday to Thailand, where I hope to reconnect with elephants and maybe even get up close to Tiger cubs ... I can't wait! By the time I get back preparations for Christmas will be well under way, so read on below for info on our Special Packages, which make great Christmas Gifts.

I also have some really important information about changes to our Opening Times from 2017. There will also be a couple of changes to who works on which day of the week.



Buy one of our pampering packages as a gift for Christmas. Choose from:

Tranquility

Simplicity

Pure Luxury

R&R for Men

A combination of Facials, Massages and Manicures or Pedicures guaranteed to leave your loved one feeling special, rested, uplifted and invigorated. There's something to suit every budget.

[LEARN MORE](#)



OUR OPENING TIMES ARE CHANGING IN 2017

After 15 years of very long days I have decided it's time to take things a little easier. Following discussions with all the staff, and not being prepared to ask them to do something I'm not, I have decided to close at 5.30pm from Monday to Friday. I will extend our opening on a Saturday to 3.30pm to compensate for people who work till 5.30pm in the week.

We will of course honour all bookings already made.

I realise that this may not be as convenient for some of you, but hope you appreciate that in order to keep giving the same high level of service, I need a little longer to recharge the old batteries these days!

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Read about Wendy's experience of the Cambridge Weight Plan.

[LEARN MORE](#)

Don't forget you can book your appointments in the comfort of your own home at any time of the day or night.

Don't Put Off Feeling Great Any Longer!

[Book your next appointment online](#)

With Warmest Wishes



Wendy

Senior Therapist and Proprietor.

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