

### October 2018 Newsletter

## Greetings!

Autumn is upon us with the last of the warm sunny days glowing down on us. I say this each year, but I really love the Autumn as the nights start to draw in, so that when I get home I can draw the curtains and forget all about the outside world. I usually lose myself in one of the good dramas that are on the telly this time of year!

Looking a little further ahead there are going to be some changes to our opening hours next year. This is because of the impending Maternity leave for Hardeep and Jade. I will give you more detailed information next time but for those of you who really want to know now, <u>take a look here</u>.

If you want to see either Jade or Hardeep before they go on their leave, than make sure you book in with them as soon as possible. Jade's last day is 15th December and Hardeep's is 21st December.



Book now with this link.



## This popular facial is back for October and November.

Nourish and Rejuvenate your skin with extracts of Mulberry and Pomegranate. Ideal for sensitive skin.

Book now for October and November.

Book now with this link.

# Why is Pomegranate and Mulberry so good for you?

They are both jam packed full of anti-oxidants, which neutralise the effect of free radicals in the body. This helps to keep fine lines, wrinkles and age spots at bay.

What are free radicals you may well ask?

For more information

read on here.

Don't forget you can book your appointments in the comfort of your own home at any time of the day or night.

Don't Put Off Feeling Great Any Longer!

Book your next appointment online

## Warmest Regards,



Wendy

Senior Therapist and Proprietor.

P.S Don't foget to book your Autumn Glow Facial.

P.P.S Don't forget to book in for Alex's Brazilliant Offer.

Beautonics.

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